

World Para Powerlifting Rules and Regulations 2018 – 2021: Version 3

World Para Powerlifting (WPPO) wishes to inform you of amendments to the WPPO Technical Rules and Regulations 2018 – 2021 (February 2019). These amendments will be published in the World Para Powerlifting Technical Rules and Regulations 2018 – 2021, Version 3 (February 2019) and will take effect from **28 February 2019**.

The amendments relate to the **competition rules**. They have been made in accordance with Rule 2.5.2 based on feedback from WPPO Technical Officials, the WPPO Sport Technical Committee and the WPPO management team following the implementation of the WPPO Technical Rules and Regulations 2018 – 2021 (September 2018) where it was identified that further clarifying amendments were required.

An overview of the amendments is provided below. Minor amendments, such as re-numbering/formatting, grammar/spelling amendments are not highlighted.

Status	Original Rule Number	Comments
Amendment	10.4	Additional Technical Official roles added to be solely responsible for the kit check or weigh in process, in order to assist with enhancing the efficiency of competition scheduling.
Amendment	11.3	Details added to explain the competition entry process for the Team Event and Mixed Team Event.
Amendment	12.4.10	Detail was added to the process for when an athlete is seen to be wearing/using clothing and equipment during the competition that was not presented and approved during the kit check.
Amendment	12.6.2	Two (2) Warm Up passes will now be distributed to each competing team during the Technical meeting that will be valid for the duration of the competition.
Amendment	12.7	Amendments were made to this rule to confirm the protocols that will be followed for athlete presentation at each level of competition.
Amendment	12.8	Amendments were made to this rule to confirm the protocols that will be followed for Technical Officials presentation at each level of competition.
Amendment	15.1.2.7	Clarification added that the maximum spacing of athletes hands on the bar (81cm) is measured using the markings on the bar.
Amendment	16	Further details were added to explain the Mixed Team Competition.

World Para Powerlifting

Adenauerallee 212-214
53113 Bonn, Germany
www.WorldParaPowerlifting.org

Tel. +49 228 2097260
Fax +49 228 2097-209
WorldParaPowerlifting@Paralympic.org



Status	Original Rule Number	Comments
Amendment	16.2.1.3	Clarified from what time the coach/athlete can make a change to their starting weight for round one (1).
Amendment	16.2.3	Clarified when the two (2) available weight changes in round three (3) can be requested and under what circumstances the change whether higher or lower will or will not be accepted.
Amendment	16.5.11.3	Outlined that during a senior world record attempt the three (3) referees on the FOP must be international level referees.